

LHPS Task List *

1. Applying and removing ace bandages, ted hose and binders, braces & splints.
2. Feeding techniques for residents with swallowing problems.
3. Bowel or bladder training programs to regain continence.
4. Enemas, suppositories, break up & removal if fecal impaction, and vaginal douches.
5. Positioning and emptying of the urinary catheter bag & cleaning around the urinary catheter.
6. Chest physiotherapy or postural drainage.
7. Clean dressing changes excluding packing wounds & application of prescribed enzymatic debriding agents.
8. Collection and testing of finger stick blood samples.
9. Care of well-established colostomy or ileostomy.
10. Care for pressure ulcers up to & including a Stage II pressure ulcer.
11. Inhalation medication by machine.
12. Forcing & restricting fluids.
13. Maintaining accurate intake and output data.
14. Medication administration through a well-established gastrostomy feeding tube.
15. Medication administration through injections.
16. Oxygen administration and monitoring.
17. Care of residents who are physically restrained & the use of care practices as alternatives to restraints.
18. Oral suctioning.
19. Care of well-established tracheostomy.
20. Administering & monitoring of tube feedings through a well-established gastrostomy tube.
21. Monitoring of continuous positive air pressure devices (CPAP and BIPAP)
22. Application of prescribed heat therapy.
23. Application and removal of prosthetic devices.
24. Ambulation using assistive devices that requires physical assistance.
25. Range of motion exercises.
26. Any other prescribed physical or occupational therapy.
27. Transferring semi-ambulatory or non-ambulatory residents.
28. Tasks performed by a nurse aide II according to the scope of practice as established in the Nursing Practice Act & rules under act in 21 NCAC 36.

*Understand that this list is not inclusive. There are other tasks that unlicensed personnel can perform with additional training, in conjunction with a facility's policies and procedures. These would include: use of insulin pumps, Hoyer lift or other mechanical lifts, emptying certain surgical drains, etc. All training must be documented.